

10-km-Lauf							
Ges.	St-Nr	Name, Vorname	JG	Verein	Zeit	Platz	AK
1	33	Zwosta, Sebastian	1983	TSV Neuhaus/Aisch	00:35:22,61	1	M
2	112	Schatz, Sigi	1970	SV Etsdorf	00:36:22,19	1	M40
3	58	Mauritz, Jürgen	1980	Herzogenaurach	00:36:27,26	1	M30
4	12	Dobler, Manuel	1991	SV Freudenberg	00:36:44,37	2	M
5	82	Graml, Anton	1960	SV Amberg	00:37:03,98	1	M50
6	48	Ruidisch, Stefan	1982	TST Ammerthal	00:37:06,34	2	M30
7	101	Koller, Georg	1962	TB Weiden	00:37:50,05	2	M50
8	32	Demleitner, Herbert	1966	SV Freudenberg	00:38:02,42	1	M45
9	84	Pirker, Stefan	1982	TSV Detag Wernberg	00:38:11,74	3	M30
10	105	Högl, Regina	1993	LG Region Landshut	00:38:18,50	1	WJA
11	26	Weiß, Christoph	1989	TST Ammerthal	00:38:33,95	3	M
12	111	Seidl, Jürgen	1966	TV Burglengenfeld Radsport	00:38:48,10	2	M45
13	67	Meier, Alois	1958	SV Freudenberg	00:38:58,23	3	M50
14	94	Kranl, Gernot	1967	RSC Neukirchen	00:38:57,67	3	M45
15	74	Böhm, Herbert	1961	SGS Amberg Triathlon	00:39:23,09	4	M50
16	77	Räth, Uli	1999	DJK Weiden	00:39:57,08	1	SMAB
17	76	Räth, Holger	1971	DJK Weiden	00:39:57,52	2	M40
18	46	Baumer, Manfred	1961	ASV Schwend	00:39:59,84	5	M50
19	95	Schober, Eduard	1955	DJK Weiden	00:40:08,60	1	M55
20	18	Habermeier, Peter	1967	LAG Schwandorf	00:40:22,52	4	M45
21	108	Maul, Markus	1982	La Carrera Triteam Rothsee	00:41:00,99	4	M30
22	39	Gundermann, Cosima	1999	LG Forchheim	00:41:11,29	1	SWAB
23	27	Weiß, Stefan	1963	SCMK Hirschau	00:41:26,47	5	M45
24	93	Wittl, Günther	1976	Pentling	00:41:57,65	1	M35
25	31	Demleitner, Josef	1959	SV Freudenberg	00:41:59,68	6	M50
26	78	Schraml, Christoph	1997	DJK Weiden	00:42:08,89	2	SMAB
27	52	Reindl, Rudolf	1960	Lauffreunde Tangrintel	00:42:40,15	7	M50
28	49	Weiß, Daniel	1994	CIS Amberg	00:42:43,14	1	MJA
29	65	Zintl, Joachim	1973	FC Edelsfeld	00:42:52,58	2	M35
30	80	Kick, Stefan	1998	DJK Weiden	00:44:23,72	3	SMAB
31	38	Niggemann, Heike	1963	LG Forchheim	00:44:28,80	1	W45
32	45	Rabenstein, Klaus	1966	RSC Neukirchen	00:44:31,92	6	M45
33	25	Weiß, Kerstin	1995	SCMK Hirschau	00:44:50,44	1	WJB
34	81	Fruth, Angela	1973	RSC Neukirchen	00:44:56,60	1	W35
35	61	Fick, Christian	1989	Hirschau	00:45:02,07	4	M
36	71	Kummert, Eva	1968	SV Amberg	00:45:03,92	1	W40
37	106	Eckelt, Helmut	1961	SV Freudenberg	00:45:14,80	8	M50
38	116	Anglimstein, Kevin	1972	Schmuck-Atelier Amberg	00:45:19,71	3	M40
39	64	Schubert, Bianca	1989	Team Königs-Apotheke- TSV Altenfurt	00:45:23,91	1	F
40	97	Singer, Gerhard	1966	EWA Elektroexpress	00:45:35,31	7	M45
41	40	Gundermann, Clemens	2000	LG Forchheim	00:46:08,05	4	SMAB
42	66	Renner, Günter	1965	Amberg	00:46:16,60	8	M45
43	83	Grünwald, Gerhard	1974	LT Aschach	00:46:36,94	3	M35
44	98	Meiler, Edeltraud	1966	SV Amberg	00:46:43,55	2	W45
45	79	Kick, Tamara	1996	DJK Weiden	00:47:01,55	2	WJB
46	19	Strobl, Ralph	1973	ASV Michelfeld	00:47:13,51	4	M35
47	47	Espach, Marion	1990	Gebenbach	00:47:23,34	2	F
48	99	Otto, Walter	1945	SV Amberg	00:47:27,12	1	M65
49	13	Schadde, Markus	1938	DAV Hersbruck	00:47:34,88	1	M70
50	110	Segerer, Peter	1961	CIS Amberg	00:48:36,64	9	M50
51	20	Piehler, Erich	1957	CIS Amberg	00:48:45,52	2	M55
52	73	Hörl, Sven	1971	Sulzbach-Rosenberg	00:48:54,27	4	M40
53	107	Markl, Gerald	1972	Burglengenfeld	00:49:10,22	5	M40
54	10	Brittinger, Sabine	1976	LT Freihung	00:49:11,91	2	W35
55	41	Böhm, Irene	1965	SGS Triathlon	00:49:15,24	3	W45
56	96	Schober, Irmgard	1959	SC Waldthurn	00:49:16,59	1	W50
57	109	Wegerer, Marion	1966	WSV Nabburg	00:49:16,90	4	W45
58	102	Reil, Christina	1996	DJK Weiden	00:49:32,47	3	WJB
59	114	Göschl, Peter	1962	LT Parsberg	00:49:49,22	10	M50

10-km-Lauf							
Ges.	St-Nr	Name, Vorname	JG	Verein	Zeit	Platz	AK
60	92	Schmid, Johannes	1963	LT Parsberg	00:49:56,85	9	M45
61	50	Tröster, Susanne	1970	CIS Amberg	00:50:03,77	2	W40
62	104	Ascherl, Anna-Maria	1968	Die Egelsheimer Raketen	00:50:09,51	3	W40
63	4	Hergert, Cindy	1978	SV Amberg	00:50:10,80	1	W30
64	16	Kleinlein, Martin	1958	Amberg	00:51:19,93	11	M50
65	6	Bradshaw, Ines	1987	TuS Dachelhofen	00:51:27,98	3	F
66	88	Graf, Norbert	1950	Kümmersbruck	00:52:11,31	1	M60
67	91	Schmid, Birgit	1964	LT Parsberg	00:52:17,13	5	W45
68	113	Dietz, Günther	1965	LT Parsberg	00:52:17,76	10	M45
69	89	Tischler, Ulrike	1991	Beratzhausen	00:52:33,79	4	F
70	34	Nafikov, Dmitriy	1992	Amberg	00:52:38,25	5	M
71	57	Lautenschlager, Sandra	1972	CIS Amberg	00:52:51,70	4	W40
72	115	Schlagenhauser, Johann	1960	CIS Amberg	00:53:18,45	12	M50
73	7	Maier, Petra	1970	Straubing	00:53:30,69	5	W40
74	75	Helfer, Thomas	1988	Amberg	00:53:48,89	6	M
75	103	Maget, Renate	1963	Funrunners Neumarkt	00:54:25,70	6	W45
76	69	Potschigmann, Andreas	1973	Amberg	00:54:28,43	5	M35
77	90	Flegchel, Martin	1958	SV Illschwang	00:54:30,47	13	M50
78	59	Simanowski, Nadja	1991	LG Zusam	00:55:07,37	5	F
79	53	Reindl, Caroline	1993	Lauffreunde Tangrintel	00:55:22,28	2	WJA
80	2	Köhler, Caroline	1986	LT Freihung	00:56:21,57	6	F
81	63	Schreiner, Andreas	1980	Amberg	00:56:40,21	5	M30
82	9	Kolb, Miriam	1978	LT Freihung	00:56:48,58	2	W30
83	56	Tumovec, Denise	1994	MTP Hersbruck	00:56:50,14	3	WJA
84	72	Massey, Daniele	1977	Kümmersbruck	00:57:15,48	3	W35
85	30	Garber, Ryan	1979	Amberg	00:57:25,26	6	M30
86	29	Kramer, Lisa	1977	Amberg	00:57:26,23	4	W35
87	28	Baumstark, Christine	1978	Lauf	00:59:05,87	3	W30
88	70	Thiem, Daniela	1978	Amberg	00:59:26,27	4	W30
89	86	Orasinovic, Djuro	1964	Hobbyläufer Amberg	00:59:50,44	11	M45
90	100	Weigl, Anna	1941	TST Ammerthal	01:00:41,70	1	W70
91	62	Zepeda Diaz, Priscilla	1983	Amberg	01:06:02,42	7	F
92	14	Schaller, Christa	1964	CIS Amberg	01:07:17,19	7	W45